Hello & thank you for booking St James' Park Abseil Big Heights Challenge. We have outlined some useful information below…

Registration
Registration is located by turnstile 14 in the Milburn Stand, St James' Park, Newcastle. Look out for Jelly Legs & Newcastle United Foundation Staff

Spectators
A maximum of two spectators per participant will be permitted into the Milburn Stand to view you abseiling. All under 14's must be accompanied by an adult (18 years and over)

Car Parking
The multi storey car park at St James' Park situated off Barrack Road is available to use. Please ensure you purchase a valid ticket to park.

Timings
Please arrive to register 30 minutes before your time slot, we intend to abseil all participants within their allotted time slot however if a few people get ***"Jelly Legs"*** and take a little longer we may run a little late.
If you are running late or you have missed your time slot, please call us on **07572 774 186** or see a member of our team at either the registration or landing zone as soon as possible, we may be able to squeeze you in on a later time slot. If you fail to arrive no refund will be given.

Kitting Up & Safety Brief
After registration you will be kitted up and briefed by our team. Every participant will be weighed to ensure you meet the minimum or maximum weight restrictions (please see FAQs). You will be provided a helmet and a harness. We may need to check your age, so if your lucky enough to look young for your age please bring photo ID. Please note if we believe you to be under 16 years of age, with no ID or consent form you will not abseil and no's refund will be offered.

Personal Items
Please leave all personal items with friends and family. Unfortunately, we do not have the facilities to secure personal items. You can abseil with a GOPRO etc, but these must be securely fastened to you, if not the abseil team will ask you to remove before abseiling. We cannot be held responsible for loss or damage to your personal items.

Clothing / Fancy Dress
Please wear suitable outdoor clothing and footwear. Fancy dress is permitted however please note it is the discretion of the team to allow as it may interfere with the abseil equipment.

The Abseil
After registration you will be kitted up then taken to the roof of the Milburn Stand to the top of the abseil. SO….take a deep breath and GO FOR IT!! Screaming and shouting is encouraged as you abseil down to the pitch. Don't forget to smile and wave at family and friends.

Landing Zone
The landing zone is pitch side. Please listen to abseil staff as they will be speaking to you to assist you on landing. When you have finished your abseil please follow directions to be de-kitted.

After Your Abseil
Enjoy the rest of your visit to Newcastle and if you enjoyed your experience with Jelly Legs we'd love to hear your feedback via our website and/or our social media pages. Please tell all your friends and family and follow us on social media to keep up to date with all our adrenalin events.

The Serious Part
Please ensure you are medically fit to take part, if you are in any doubt please speak to your doctor for advice. If you arrive and we believe you to be under the influence of alcohol or drugs we will not permit you to take part, and no refund will be offered.

All bags may be searched on entry to St. James' Park. You may be subject to a wand and/or body search. Should you not consent to a search of your bag or your person when requested, you may not be permitted to enter the stadium.
Please read our terms and conditions again before attending this event. They can be found at https://jellylegs.org.uk/terms-conditions/

Please ensure you have donated to NUF prior to the event day.
https://newcastleunitedfoundation.enthuse.com/cf/st-james-park-zip-drop-challenge

Photography and videography will take place during this event. Images may be used by Jelly Legs for promotional purposes, including on our website and social media channels.
Photographs may also be made available for participants to purchase.
By taking part in this event, you acknowledge that you may be photographed or filmed. If you prefer not to appear in any images, please inform a member of Jelly Legs staff on arrival.

We're really looking forward to seeing you soon.

Thank you from all the team at Jelly Legs and Newcastle United Foundation!